

**DISTRICT 61 TOASTMASTERS 2009 FALL CONFERENCE
ENGLISH WORKSHOPS**

Saturday, November 14, from 9:45 AM to 10:30 AM
Chasse à Courre B

Gina Cook, DTM
Leaders Make it Happen!

This world needs strong competent leaders now more than ever before. Good leaders are needed in our workplaces, churches, groups and clubs.

This session will help us understand what makes a good leader and how we fit in.



Saturday, November 14, from 9:45 AM to 10:30 AM
Cantons

Clint Cora, DTM
The Life Champion In You – Overcoming Challenges and Achieving Success

Important insights and principles from the book “The Life Champion In You” which shows you how to overcome challenges and achieve success in life. One man’s journey from personal tragedy to karate world champion and the universal lessons you can learn for your own life.

A very motivational presentation.



Saturday, November 14, from 9:45 AM to 10:30 AM
Nouvelle-Angleterre A

Norma Domey, DTM
Emotional Intelligence for Self-Improvement

Exploring how understanding and using emotional intelligence can help us get more from life at home, work or play....

This workshop features ways to use Emotional Intelligence for self-improvement, creating high performing teams, and developing truly visionary leadership. Want to improve your relationships with others?

Join Norma as she shares how to better perceive emotions, use emotions, understand emotions, and manage emotions.



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Saturday, November 14, from 4:00 PM to 4:45 PM
Chasse à Courre B

Harry Kingston, DTM
Creating a Passion for Professional Presentation and Communication Techniques



The Workshop is designed to link the member to the Advanced Manuals.

Many members fail to make the definite link between our Program and their chosen career path. Specifically, we will focus on skills from the Advanced Manuals to obtain maximum advantage in 'real-world' requirements to speak, report, and persuade.

***Why should you invest time with our Advanced Manual Programs?
How can this investment raise your career profile?***

The Workshop is designed to cover 4 of the Advanced Manuals as 'examples' Then, time is spent covering the protocol of a dynamic profile in the Workforce; and time-proven practice techniques.

Saturday, November 14, from 4:00 PM to 4:45 PM
Nouvelle-Angleterre A

Jack Gammon, DTM
First Impressions



Your success depends in large part on your ability to communicate well with your entourage. Good communicators are usually effective public speakers and tend to be good leaders.

Most people are shy or nervous about speaking in public and would rather have a root canal instead of delivering a speech. According to Toastmasters International, fear of speaking in public, is the second greatest fear after death.

This workshop is designed, and presented by an experienced Toastmaster, Jack Gammon DTM Past District Governor of Toastmasters International, to initiate you to some basic public speaking skills and tips. Come appreciate the value of being able to express your ideas.

Saturday, November 14, from 4:00 PM to 4:45 PM
Cantons

Frank P. Connelly, DTM, PID
Building the Perfect Team Member



This activity helps team members express how they feel and learn what others feel is required to succeed as a team member.

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Sunday, November 15 from 8 :15 AM to 9 :00 AM

**Sue Dalati, DTM
International Director**



“Who’s Guarding Your Back: Lessons Learned from the Dream Team”

None of us can do it alone, and yet many of us continue to try. Sue’s year as District Governor taught her 3 vital lessons about working in teams that changed her life for the better.

She will share with us those lessons, along with the insights you can use to create your own dream team.

Sunday, November 15, from 10:45 AM to 11:30 AM
Cantons

Matthew Cragg, CC

Goal Achievement: 9 factors that can transform your Toastmasters goal from a wish into a reality!



Do you have a goal within Toastmasters that’s eluding you or are uncertain about how to achieve it? If you’re committed to achieving your Toastmasters goals, this workshop is for you.

You’ll learn about 9 specific factors that are applicable to any area of your life from learning a new communication skill to sticking to your health and fitness program.

Sunday, November 15, from 10:45 AM to 11:30 AM
Chasse à Courre B

**Cathy Lyons
Lessons from the Edge**



How sure are you about why you’re a Toastmaster? Cathy Lyons, a self-named “Toastmaster’s Widow” uses humour to share five provocative lessons she has learned to help you reflect on your original motivations and objectives – and why it’s important to you and to your club that you know what your current Toastmasters “passion” is really about.

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Sunday, November 15, from 10:45 AM to 11:30 AM
Knowlton

**Suzannah Baum ACB, CL –
Easy steps to public speaking excellence**

Many people fear public speaking and they panic when asked to give a speech. Others may feel comfortable giving a speech, but problems exist within their presentation that makes it difficult to for the audience to connect with them and their message.

This workshop will share the concrete steps of how to build and deliver a career-building, reputation-enhancing presentation.

