

English Workshops — Spring Conference 2007

Leadership Magic — Cast Your Spell for Success

Whether in business, or in Toastmasters, every goal is possible if you have good leadership. Successful military, business, and volunteer leaders all have something in common. Join International Director Candidate, Distinguished Toastmaster John Rich, to learn the secrets of these leaders, so that you can “Cast Your Spell for Success”.

John Rich, DTM

Friday, 8:00 p.m. to 8:45 p.m.

Artistes A

Pitch a Story

Do you or your community organization have wonderful stories about the challenges and triumphs of life in Ottawa? Do you want to know who at CBC is interested and how to get their attention? And just what makes a good news story? CBC Reporter Julie Ireton has developed a workshop to answer these questions and more. Find out what it takes to get your story on television and radio.

Julie Ireton, CBC Radio

Friday, 8:00 p.m. to 8:45 p.m.

Artistes B

Speak...with Substance

You will learn that when we speak, we need a certain form. We need body language, a voice to carry our message, and words craftily chosen to paint the right picture in the minds of your audience. You will learn that we also need substance born of our commitment and sincerity to deliver a message of value to our audience.

André Bergevin, DTM

Saturday, 9:45 a.m. to 10:30 a.m.

Artistes A

"Coach Approach" to Evaluations — How to Evaluate Effectively

Are you reluctant to give speech evaluations? Want to learn a fresh approach — a “Coach Approach” — to evaluating? Join Sylvia Goodeve, Career and Corporate Coach, in this interactive workshop to learn how to evaluate effectively using coaching skills. You will come away from this workshop with a five-point framework of coaching skills to put into practice at your club.

Sylvia Goodeve, CTM

Saturday, 9:45 a.m. to 10:30 a.m.

Artistes B

Why an HPL?

To explore one’s weaknesses and turn them into strong leadership successes — this is the aim of the High Performance Leadership Program. Come and find out what it can do for you in the realm of evaluative skills and executive demands.

Vita Lewis, DTM

Saturday, 9:45 a.m. to 10:30 a.m.

Frontenac ABC

Bubble, Bubble, Boil, and...Grow

In this workshop we’ll open the Toastmaster Spell Book to discover the ingredients needed to brew a magical potion that will increase club membership by 50%. Come and learn the M.A.G.I.C.

Patricia Dolhan, ATM-G

Saturday, 11:00 a.m. to 11:45 a.m.

Artistes A

It’s Time to Organize Your Time!

Do you find yourself writing speeches at the last minute? Are you eating on the go? Do you always write your appointments and things to do on Post-it notes only to find them after everything has passed? If you answered "yes" to any of these questions, then you need this workshop! Learn simple techniques to become the master of your time and never again be looking for time.

Emilio Morales, AC-G

Saturday, 11:00 a.m. to 11:45 a.m.

Artistes B

Fit In — and Stand Out!

Our program offers a unique opportunity to excel in interpersonal and business relationships. Do you understand the link between individual styles developed in Toastmasters and the resulting profile you can project as a leader? Watch a top presenter and Toastmaster coach in action, taking 35+ years of experience to energize you to a higher level of speaking proficiency by passionately demonstrating what specific components of our program can do to build new confidence and skills. This workshop includes a fantastic coaching binder as a gift to inspire you!

Harry Kingston, DTM

Saturday, 11:00 a.m. to 11:45 a.m.

Champions

The New CL Track — Where Does it Lead?

Learn how the Toastmasters leadership tracks have changed and what it means to you. Explore the 10 projects in the new Competent Leader (CL) manual. Find out:

- a) How to get started on your CL in five easy steps.
- b) What you can do at a club level to introduce the new CL to your members.

Workshop includes handouts and an in-class exercise.

Jacqueline Ehninger-Cuervo

Saturday, 11:00 a.m. to 11:45 a.m.

Lauréat

Living in Charge

When you have done everything you wanted to do in order to achieve your personal best, but you find that your spirits are low, do not give up. Within you, you have the will, the resourcefulness, and the power to take charge and be in charge!

Beverley Miranda, DTM

Sunday, 9:15 a.m. to 10:00 a.m.

Artistes A

Create Lasting Confidence and Inner Calm while Public Speaking

If you are a completely relaxed, confident and successful speaker who never gets pre-presentation jitters, this workshop is not for you. If you're like the majority of speakers, however, and still have some self-improvement to do, you will not leave this workshop disappointed. In this dynamic presentation, learn invaluable skills to change your speaking ability permanently by changing your subconscious mind.

Pamma Durnin, CTM

Sunday, 9:15 a.m. to 10:00 a.m.

Artistes B

From Mentored to Mentor — The Fast Track to Success

Learning experiences are the path stones to success, whatever our interpretation of success might be. Regardless of your Toastmasters level, a great mentor-mentored relationship helps us avoid repeating unpleasant learning experiences and will fast track us to successfully attain our ultimate goals. This will be a highly interactive workshop.

Peter Fallnbigl, AC-G

Sunday, 9:15 a.m. to 10:00 a.m.

Frontenac ABC

Ateliers en français — Conférence du printemps 2007

Communiquer pour générer l'enthousiasme

Une communication efficace permet de générer l'enthousiasme requis pour démarrer et faire progresser des projets. Pour convaincre les gens d'agir, on doit les aider, eux aussi, à atteindre leurs objectifs personnels. La crédibilité de la personne qui communique et sa capacité d'écoute demeurent des prérequis à la persuasion. L'atelier discutera des étapes essentielles pour une communication qui stimule l'enthousiasme.

Robert Richards
Vendredi, 20h00 à 20h45
Beau Rivage B

La communication, une affaire de cœur

Cet atelier explique pourquoi vous devez livrer vos discours sans notes et vous montre comment y arriver facilement. L'atelier s'adresse au Toastmaster de tous les jours et non pas aux participants de concours qui apprennent leurs discours mot à mot. Et bien sur, l'atelier sera livré sans notes !!

Luc P. Pelletier, DTM
Samedi, 11h00 à 11h45
Beau Rivage B

Créer votre révolution du temps

Vous avez trop à faire, vous manquez de temps?
Vous avez de la difficulté à trouver l'équilibre entre votre vie professionnelle et votre vie personnelle?
Vous avez l'impression d'être dispersé, de courir après le temps? Alors ce qu'il vous faut c'est de créer votre propre révolution du temps. Allez-y, apportez de l'innovation et transformez votre façon de voir le temps. Le temps ne se gère pas, il s'utilise! Comment utilisez-vous votre temps?

Nathalie Desjardins
Samedi, 11h00 à 11h45
Frontenac ABC

Percer, le secret de la réussite, c'est magique!

La magie rendue facile. D'entrée de jeu, vous assisterez à un spectacle de mentalisme et de magie. Puis vous serez appelés à apprendre et pratiquer un tour de magie. Vous comprendrez comment il est facile de réaliser de grandes choses lorsque vous utilisez le bon « truc. » Les trucs sont à la magie ce que les talents sont au succès. Trois situations seront particulièrement étudiées :

- Participer activement au succès scolaire de vos enfants.
- Rechercher et acquérir de nouveaux clients.
- Obtenir son DTM par le jeu.

L'utilisation de cas pratiques de la vie courante vous permettra de vous rendre compte que vous avez plus de talents que vous ne le croyez. Puis, vous explorerez les avenues qui mènent à l'action et au succès. Toastmasters peut vous aider à atteindre le succès! Aujourd'hui passez à l'action!

Jacques Bourgeois, DTM et Delphis Babin, AC-S
Samedi, 16h00 à 17h30
Frontenac ABC

Réseauter ou mourir

L'importance de réseauter en ouvrant nos oreilles à toutes les propositions. Savoir reconnaître les opportunités qui s'offrent à nous et à qui cela peut s'adresser.

Danièle B. Poulin, DTM
Dimanche, 10h30 à 11h15
Artistes A

Un visage vaut 100 mots !

Un regard suffit pour connaître la personnalité d'une personne et déterminer son mode de communication. L'interprétation des visages nous fait connaître notre vis-à-vis avant même d'échanger verbalement. Regarder un visage ne sera plus jamais pareil !

Daniel Therrien, CC
Dimanche, 10h30 à 11h15
Artistes B